

Welcome to Medicare

6 things you should know...



1 IT'S FREE.

For most people with Medicare there is no copay or deductible to get the preventive visit.

2 IT'S EASY TO TAKE ADVANTAGE OF.

Just call your doctor when you sign up for Medicare. If you don't have a doctor, visit medicare.gov for a list of providers.

3 YOU'RE ELIGIBLE DURING THE FIRST 12 MONTHS YOU HAVE MEDICARE.

After the first year, the "Welcome to Medicare" preventive visit is no longer covered by Medicare, but you can still have a routine yearly wellness visit for free.

4 IT'S COMPREHENSIVE.

You and your doctor will review your medical and family history, assess your current health and prescriptions, and conduct tests and screenings to establish a baseline for personalized care.

5 IT HELPS YOU TAKE CHARGE OF YOUR HEALTH AND YOUR MEDICARE FROM THE START.

Following the preventive visit, your doctor will provide you with a plan or checklist outlining additional free screenings and other preventive services that you should take.

6 IT'S ONE OF MANY PREVENTIVE SERVICES THAT ARE NOW FREE TO THOSE ON MEDICARE.

Under the Affordable Care Act, Medicare now covers a number of screenings and preventive services, like mammograms and colonoscopies, at no cost to you.

What should I bring to my “Welcome to Medicare” preventive visit?

1 MEDICAL RECORDS, INCLUDING IMMUNIZATION RECORDS

Even if the preventive visit is being conducted by your current doctor, gather as much medical information as you can to make sure nothing’s overlooked.

2 FAMILY HEALTH HISTORY

Try to learn as much as you can about your family’s health history before your appointment. The information will help you and your doctor better understand what screenings you should get and what to watch for in the future.

3 PRESCRIPTIONS

Bring a list of prescription drugs and over-the-counter medications that you currently take, how often you take them, and why.



ARE YOU NEW TO MEDICARE?

Get more information, tools and tips on Medicare at [medicare.gov/welcome](https://www.medicare.gov/welcome) or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.